

Starr's Mill Cross Country Letter Requirements and Qualifications:

Requirements: An athlete must meet these requirements to qualify.

- Attendance - Our runners can only have 2 absences from ALL team activities, fundraisers, practices, and meets unless cleared by the Coach.
- Participation- Our runners are expected to put forth their best effort in practice, during training, and in all races.
- Behavior- Our runners are expected to be respectful at all times towards teammates, coaches, and parents.

Qualifications:

- Top 12 at Region/State Meet, as long as above requirements are met.
- 3 year member of the team, as long as above requirements are met.
- As long as above requirements are met, automatic time qualifiers for 5K courses only:

Grade	Boys	Girls
9	20.00	25.00
10	19.30	24.30
11	19.00	24.00
12	18.30	23.30

*******Coaches Discretion: Coaches reserve the right to award a varsity letter to any athlete for any reason not stated above. They also reserve the right to withhold a varsity letter from any athlete who may reach the time or distance standard yet who does not uphold the standards of character, effort, and commitment associated with Starr's Mill Track and Field.**

*****ALL athletes are expected to follow the Fayette County School System Athletic and Extracurricular Participation Code of Conduct. Any violation of this code can result in having your letter withheld as well as being removed from the team.**